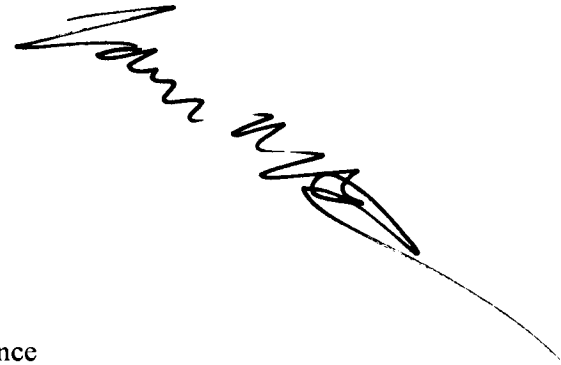


# Kickin' Cha

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**Description:** 32 Count, 4 Wall Intermediate Cha Cha Line Dance

**Music:** "Lovers Live Longer" by The Bellamy Brothers (*Bellamy Brothers Greatest Hits* Album)

## **Step Forward; Right Shuffle; Rock/Recover; 1 ½ Turn Shuffle**

- 1 Step Left Forward.  
2 & 3 Step Right Forward; & Step Left next to Right; Step Right Forward.  
4 - 5 Rock Forward on Left; Replace weight to Right.  
6 & 7 Step Left back into ½ turn Left; & Step Right next to Left turning a ½ turn Left;  
Step Left back into ½ turn Left.\*  
8 & 1 Step Right forward into ¼ turn Left; & Step Left next to Right; Step Right to Right side.

## **Hips Sways; & Rock; Shuffle Forward; Rock/Recover**

- 2 - 3 Sway Hips Left; Sway Hips Right.  
4 & 5 Sway Hips Left; & Rock Back on Right; Replace weight to Left.  
6 & 7 Step Right forward; & Step Left next to Right; Step Right forward.  
8 - 1 Rock forward on Left; Replace weight to Right.

## **½ Turn Shuffle; Step ½ Pivot; Shuffle Forward; Step Forward**

- 2 & 3 Step Left back turning ½ turn Left; & Step Right next to Left; Step Left Forward.  
4 - 5 Step Right forward; Pivot ½ turn Left (weight ends on Left).  
6 & 7 Step Right forward; & Step Left next to Right; Step Right Forward.  
8 Step Left forward.

## **Kick; Sweep; Full Turn; Sweep; Sailor Step; Rock/Recover; ½ Turn Step Together**

- 1 Kick Right Across Left.  
2 & 3 Sweep Right around to a touch behind Left; & Spin full turn on Left foot (weight stays on Left foot, Right will be touched across when finished... Using the momentum from the sweep will help to get around); Sweep Right around almost behind Left.\*\*  
4 & 5 Step Right behind Left; & Step Left to Left side; Step Right to Right side.  
6 - 7 Rock forward on Left; Replace weight to Right.  
8 & 1 Step Left back into a ½ turn Left; & Step Right next to Left; Step Left forward (this is actually count 1 of the dance, the start of a new repetition)

## **Begin Again and Have Fun!!**

\*Note: If you can't do a 1 ½ turn, Make it a ½ Turn instead by step back into a half turn with the Left for count 6, Stepping together for &, and Stepping forward on the Left for count 8.

\*\*Note: If you can't do the full turn spin, don't turn. Instead, Kick Right across for 1; Sweep around behind Left for 2; Touch Right to Right side for 3.

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